



The Peoples Weekly Mini Mouse



Manse Cat Weekly: Musings from Pastor Leia / her cat

Volume 1, Issue 21

As we enter into September and the beginning of fall, I'd like to invite you to take on a new spiritual practice. This has certainly been a season of trying new things, and I encourage you to see if one of these practices might enrich your conversation with God. Here are a few ideas as suggested by my colleague in ministry, the Rev. Linda Kurtz, who serves at the First Presbyterian Church of Lexington, Kentucky. You might choose one to try for a week or for the month (or longer, if it becomes meaningful for you).

-Explore the spiritual activity of gardening. Duke Divinity professor Norman Wirzba argues that our work as Christians is to develop into godly gardeners, who witness to the life-creating presence of God in the world. So first, read this article from Wirzba about [gardening as a spiritual activity](#).

Then, if you have a garden, go tend to it. If you do not, tend to your houseplants or consider planting outside. If you have limited space, you might plant flowers or herbs in a pot. Here's a [guide for creating your own herb container garden](#). There are many other resources online. Go forth as a godly gardener!

-Go on a Rainbow Walk

This simple activity invites you --

and anyone else in your household who might accompany you! -- into a practice of mindfulness. Go on a rainbow walk, noticing things that represent each color of the rainbow. If you're walking with a young child, review the colors of the rainbow before you go (red, orange, yellow, green, blue, indigo, violet). Throughout the walk, each person will notice things that represent the colors of the rainbow, keeping them in mind as they go. Keep walking until you've found something for every color.

When your walk is done, if you walked with others, share with each other the things that you noticed around you as you walked. Ask yourself how it felt to be mindful of your surroundings. Was it fun? Was it calming?

-Create a Prayer Wall

Begin the practice of a prayer wall. (This practice is one you can extend for several days or weeks as the Spirit moves you.) Set aside a wall in your home and provide pens and sticky notes to post a prayer. If your household is "staying home," locate the prayer wall in the central gathering space. Prayers can be added throughout the day but develop a routine for when you might lift up these prayers to God.

-Write a Note. Write a note or letter to someone whose faith you admire. You don't need to share

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Pastor Leia Continued

why you're writing, if you'd prefer not to. Simply let them know that you are thinking of them, and share a bit about why you are grateful that God made your paths intersect. Whether you share it or not, as you write, think about the impact this person has had on your own faith journey, and give thanks to God for them.

To
Leia

HAPPENING THIS WEEK:

Tuesday, September 1, 8pm: Bible study on Facebook Live~ Micah, part III

Wednesday, September 2, 8pm: evening prayer on Facebook Live

Thursday, September 3, 5pm: virtual fellowship on zoom <https://peoplespresbyterian.org/events/virtual-cocktail-hour-2020-09-03/>

Sunday, September 6, 10am: worship and communion on Facebook Live followed by virtual fellowship on zoom <https://peoplespresbyterian.org/events/virtual-coffee-hour-2020-09-06/>



A Message From the PPC President

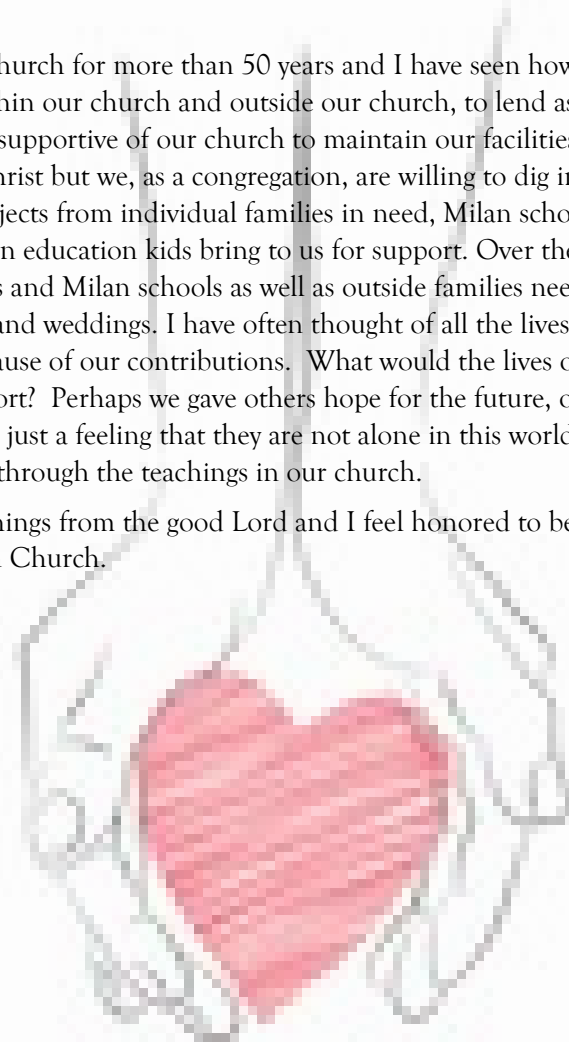
Why do I give to Peoples Presbyterian Church (PPC)?

I give to PPC because I believe in the things that we, as a congregation, do to further the kingdom of GOD.

I have been a member of this church for more than 50 years and I have seen how this congregation rallies around people, both within our church and outside our church, to lend assistance when needed. We have always been supportive of our church to maintain our facilities and to continue to learn about the teachings of Christ but we, as a congregation, are willing to dig into our pockets to support many new mission projects from individual families in need, Milan schools, Aid in Milan, and many projects that the Christian education kids bring to us for support. Over the years, our facilities have been used by scout groups and Milan schools as well as outside families needing a place to meet for family gatherings, funerals and weddings. I have often thought of all the lives that PPC has touched, and made better, because of our contributions. What would the lives of those people be like if we had not offered our support? Perhaps we gave others hope for the future, or a meal to get them through another day, or maybe just a feeling that they are not alone in this world. I feel that giving our support is what I have learned through the teachings in our church.

My family has received many things from the good Lord and I feel honored to be able to support our mission at Peoples Presbyterian Church.

-Ken London, President



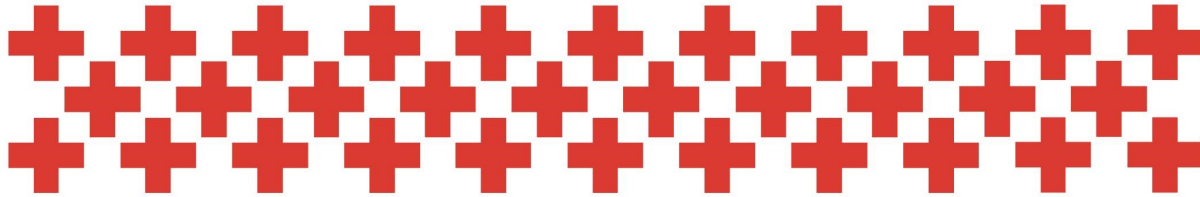
In Case you Missed it!

If you haven't filled it out yet, there is a survey for the congregation on our website. We'd like to hear about the ways you've been connecting with people (and with Peoples) and what has been most meaningful to you during this season. You can find the eleven-question survey here:

<https://peoplespresbyterian.org/covid-19-survey/>



Give blood. Help save lives.



In May, I reached out to the American Red Cross in order to offer our building as a potential host location for a Blood Drive. After reaching out to the congregation and to the community beyond for a month, it seemed that many folks were hesitant or distracted as it was yet early in the stages of the COVID surges. I decided to wait for a time before reaching out to you all again.

I have been in contact with Michigan's booking representative, Christina Warbington. She has briefed me on all of the precautions being implemented around donations during the pandemic, and I assure you that ARC is well-prepared and will not let us conduct any of this unless they have deemed it completely safe. Ms. Warbington was so thrilled to hear of our interest as there is an urgent need for donations currently. **So, here is where you can help. As I mentioned, our first step to becoming a Blood Drive host is to procure 30 names of people who can commit to donating.** I am including, at the end of this newsletter, the ARC interest sign-up sheet as well as the Blood Donation Fact sheet for any and all of you to use freely. You may also call and leave me a voicemail at the office number provided on the last page of this newsletter, or since I am often working from home, **please feel free to call my cell as well: (616)-490-1799.**

Lastly, while we are hoping for a good response in potential donors, we also want to ensure that the health and safety of our community are TOP priority. **Many of you have already reached out to inform me of health or other reasons you cannot donate, and that is fine. We are not asking you to do anything you can't do. If you still want to help but can't donate, please feel free to disseminate this information and the sign-up sheet to any and all in the community who you think would be capable and interested. Even if you are in good health to your knowledge, PLEASE review the links below thoroughly regarding donor criteria and eligibility before signing up:**

<https://www.redcrossblood.org/donate-blood/how-to-donate/types-of-blood-donations/whole-blood-donation.html>

<https://www.redcrossblood.org/faq.html#eligibility>

—Alayna Plews, Administrative Assistant

Peoples Presbyterian Church

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Pastor: The Reverend Leia Rose Battaglia

Phone: (734) 439-1922

Church Email: ppcoffice@peoplespresbyterian.org

Pastor's Email: ppcpastor@peoplespresbyterian.org

Website: www.peoplespresbyterian.org

Worship:

Streamed Weekly on Facebook Live

at 10:00 am every Sunday

Prayer Service:

Streamed Live each Wednesday on Facebook

Live at 8:00 pm

TOP 10 reasons Give to Blood



American Red Cross

You will get juice and cookies.

It's easy and convenient. It only takes about an hour to give whole blood, and you can make your donation at an American Red Cross blood donation center or one of many blood drives held at businesses, community centers, schools or places of worship.

You will weigh less. One pint less than when you came in!

It's something you can spare. Most people have blood to spare, yet there is still not enough to go around.

No one can ask you to do heavy lifting. As long as you wear your bandage, you're on reprieve. Wear it as long as you like. It's a badge of honor!

You will walk a little taller afterward. Most people feel good about themselves knowing they've just helped save someone's life. You will too!

You will be helping to ensure that blood is there when it's needed. Most people don't think they'll ever need blood, but many do. One whole blood donation can yield up to three blood products: red cells, platelets and plasma.

You will give a gift that costs nothing, but last a lifetime. Blood is something money can't buy. It's only something that one person can give to another.

You will be someone's hero. You may give a newborn, a child, a mother or father, a brother or a sister another chance at life. In fact, you can help save up to three lives with just one donation!

It's the right thing to do!



redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767 | [facebook.com/redcrossblood](https://www.facebook.com/redcrossblood)

Individuals who are 17 years of age (16 with parental permission in some states), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to give blood. Please bring your Red Cross blood donor card or other form of positive ID when you come to donate. STAN.info015 | v2 2010/01_v3 2011/01_v3 2012/01 © 2012 The American National Red Cross | 02/11AP0124

Would you help save up to three lives?



Our organization would like to sponsor an American Red Cross blood drive at our location, but we need to make sure we have enough people to donate blood before we can commit. We support and encourage you to take time to give blood; a simple way to make a difference in someone's life. Your one blood donation can help save up to three lives.

Please sign up below if you are interested in participating in our Red Cross blood drive.

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Sponsoring Organization: Organization Name Here

Contact Name: Contact name Proposed blood drive date: MM/DD/YY

Download the Blood Donor App | redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767 | Save time with RapidPass

Individuals who are 17 years of age (16 with parental permission in some states), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to give blood. Please bring positive ID when you come to donate. ©2018 The American National Red Cross | 148925/186201