



# The Peoples Weekly Mini Mouse



## Manse Cat Weekly: Musings from Pastor Leia / her cat

Volume 1, Issue 29

As we enter into November and the start of cooler days, I'd like to share a few more ideas for new spiritual practices as suggested by my colleague in ministry, the Rev. Linda Kurtz, who serves at the First Presbyterian Church of Lexington, Kentucky. As the world changes and as the leaves change, I invite you to consider changing up the way you pray and seeing if one of these practices might enrich your conversation with God.

### CONNECT WITH NATURE

**Breathe deeply and notice life continuing in nature.** You might go for a walk in your neighborhood and pay attention to how things have grown and/or bloomed since you last looked. If you'd rather not leave your house, [explore a national park from your couch!](#) Notice the way nature looks different at one of these parks than where you live. Breathe in and out and think about the ways nature has evolved over the course of millennia in these beautiful parts of our country.

### TIME CAPSULE

As bizarre and hard as this time is, we are living through history. **Today, document your experience and feelings in this time of pandemic by creating a time capsule.**

In addition to written thoughts, you might also include photos, news articles or newspaper clippings, any art work you've created, or other mementos/memories. You might create a physical time capsule with printed paper and items, or a digital time capsule using a program like Evernote or Microsoft Word.

[Click here for a guide to creating your COVID-19 time capsule.](#) Note: Though this document was created with kids in mind, any human can use it to create a capsule! The process itself is a good way for any of us to work through our feelings during this difficult time.

### WHOLENESS RITUAL

Feeling overwhelmed? **Set aside time for a ritual for wholeness in the evening or right when you wake up.** Light a candle, take three deep breaths, and pray aloud: "Spirit of God, fill my breath with life and love." Repeat.

### SHARE HOPE

This practice is simple: **Share a story or example of hope (or joy or love) with your family and on social media.**

In trying times, we can re-connect with God and one another by sharing stories of God at work in the world.

May feelings of hope, joy, and love not be too elusive for you in this season.

Leia



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## Special points of interest:

- Christian Education
- Family Fold
- Happening this Week
- Deacon's Corner

## Happening This Week

Sunday, November 8, 10:30am: worship on Facebook hosted by First Presbyterian Church of Saline (note that Saline's service begins half an hour later than ours does) followed by virtual fellowship on zoom

<https://peoplespresbyterian.org/events/virtual-coffee-hour-2020-11-08/>

Thursday, November 29, 5pm: virtual fellowship on zoom

<https://peoplespresbyterian.org/events/virtual-cocktail-hour-2020-11-12/>

News from the national church: <https://www.pcusa.org/news/>

### \*\*\*Please Be Advised\*\*\*:

Last week, Session voted to continue online worship through the month of November 2020 as COVID-19 remains a concern. Thank you for your continuing faith and dedication to Peoples. We miss you and hope you and yours stay safe through the holiday.



*To the right, and left, are photos of Pastor Leia's Halloween costume this year! To accompany this past Sunday's sermon, she dressed as Lydia, from the Book of Acts, who was considered to be the first European convert to Christianity.*

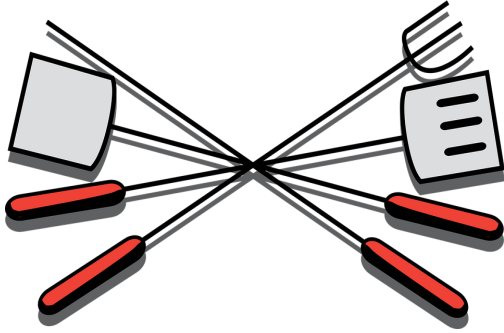


*Gingersnap has posted up near a cozy heat register for this recent crisp weather.*

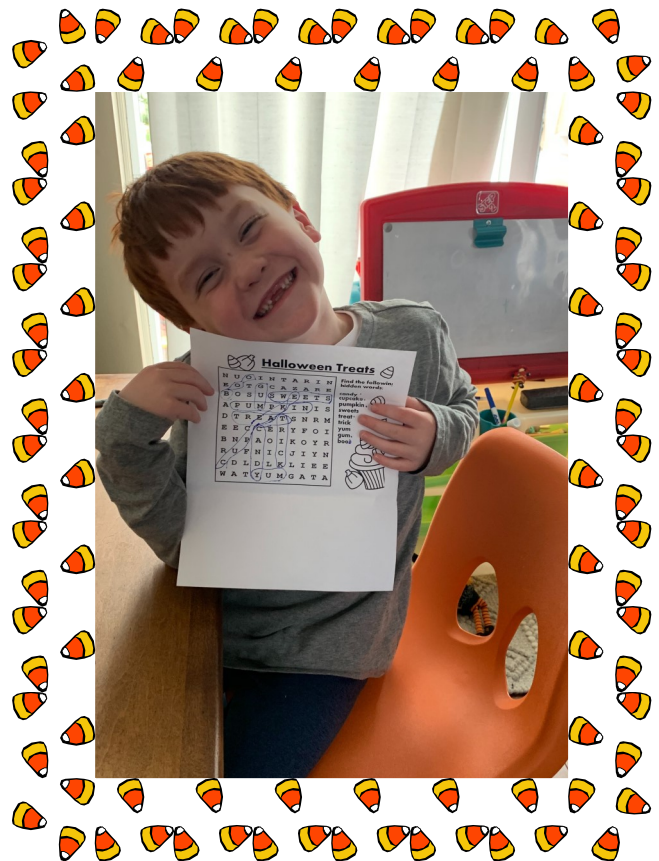




# Family Fold



Diane London contributed two lovely pictures from a 2009 barbecue which include Von Thompson. These pictures are an excellent commemoration of his involvement at PPC.





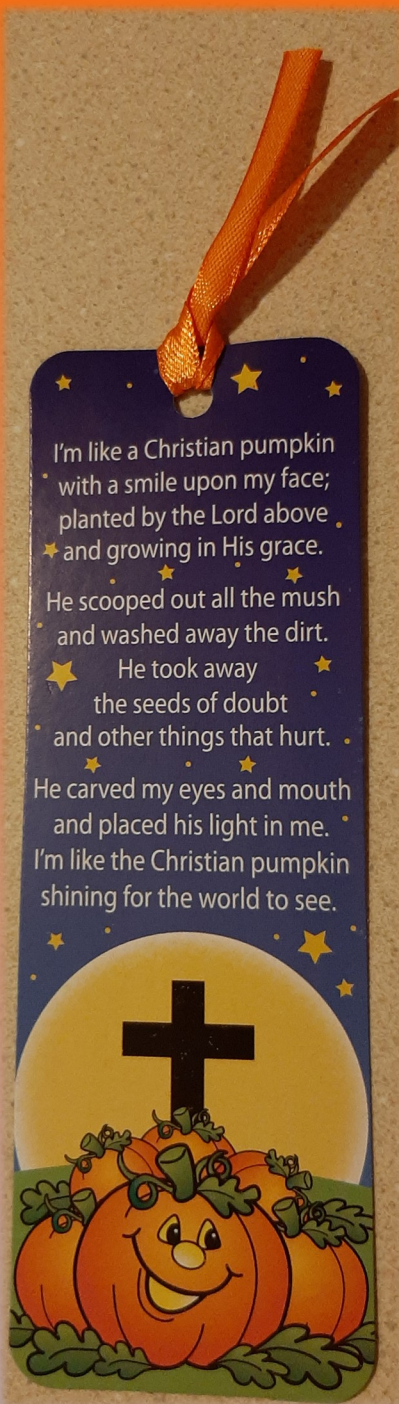
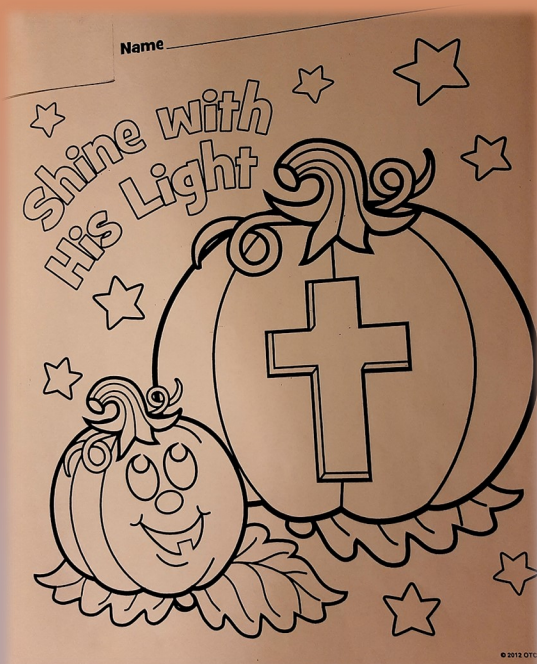
*Pictured here are pages and goodies from the monthly Christian Ed. packet that was sent out for Halloween along with other activities.*

† *Coloring Pages:*

*"Shine with His Light"*

*"In the same way, let your light shine before men..."*

† *And a bookmark about being a Christian pumpkin*



*In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.  
Matthew 5:16 (NIV)*



## Caring Corner

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A team of volunteers showed up Wednesday morning to cut and trim bushes and rake and blow leaves at the church and manse. The leaves are still falling, but things are looking much neater around the grounds. Thanks, team!

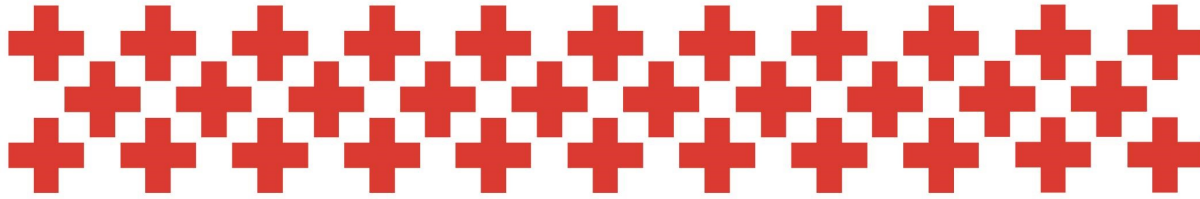


### *Deacon's Corner*

Keep Jack McClary in your prayers as he is resting at home after a hospital stay. He turns 102 on November 7 if anyone would like to send a Birthday card.



# Give blood. Help save lives.



In May, I reached out to the American Red Cross in order to offer our building as a potential host location for a Blood Drive. After reaching out to the congregation and to the community beyond for a month, it seemed that many folks were hesitant or distracted as it was yet early in the stages of the COVID surges. I decided to wait for a time before reaching out to you all again.

I have been in contact with Michigan's booking representative, Christina Warbington. She has briefed me on all of the precautions being implemented around donations during the pandemic, and I assure you that ARC is well-prepared and will not let us conduct any of this unless they have deemed it completely safe. Ms. Warbington was so thrilled to hear of our interest as there is an urgent need for donations currently. **So, here is where you can help. As I mentioned, our first step to becoming a Blood Drive host is to procure 30 names of people who can commit to donating.** I am including, at the end of this newsletter, the ARC interest sign-up sheet as well as the Blood Donation Fact sheet for any and all of you to use freely. You may also call and leave me a voicemail at the office number provided on the last page of this newsletter, or since I am often working from home, **please feel free to call my cell as well: (616)-490-1799.**

Lastly, while we are hoping for a good response in potential donors, we also want to ensure that the health and safety of our community are TOP priority. **Many of you have already reached out to inform me of health or other reasons you cannot donate, and that is fine. We are not asking you to do anything you can't do. If you still want to help but can't donate, please feel free to disseminate this information and the sign-up sheet to any and all in the community who you think would be capable and interested. Even if you are in good health to your knowledge, PLEASE review the links below thoroughly regarding donor criteria and eligibility before signing up:**

<https://www.redcrossblood.org/donate-blood/how-to-donate/types-of-blood-donations/whole-blood-donation.html>

<https://www.redcrossblood.org/faq.html#eligibility>

—Alayna Plews, Administrative Assistant



## Peoples Presbyterian Church

210 Smith Street Milan, MI 48160

*Pastor: The Reverend Leia Rose Battaglia*

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Pastor's Email: [ppcpastor@peoplespresbyterian.org](mailto:ppcpastor@peoplespresbyterian.org)

Website: [www.peoplespresbyterian.org](http://www.peoplespresbyterian.org)

### **Worship:**

Streamed Weekly on Facebook Live

at 10:00 am every Sunday

### **Prayer Service:**

Streamed Live each Wednesday on Facebook

Live at 8:00 pm

# TOP 10 reasons Give to Blood



**American Red Cross**

**You will get juice and cookies.**

**It's easy and convenient.** It only takes about an hour to give whole blood, and you can make your donation at an American Red Cross blood donation center or one of many blood drives held at businesses, community centers, schools or places of worship.

**You will weigh less.** One pint less than when you came in!

**It's something you can spare.** Most people have blood to spare, yet there is still not enough to go around.

**No one can ask you to do heavy lifting.** As long as you wear your bandage, you're on reprieve. Wear it as long as you like. It's a badge of honor!

**You will walk a little taller afterward.** Most people feel good about themselves knowing they've just helped save someone's life. You will too!

**You will be helping to ensure that blood is there when it's needed.** Most people don't think they'll ever need blood, but many do. One whole blood donation can yield up to three blood products: red cells, platelets and plasma.

**You will give a gift that costs nothing, but last a lifetime.** Blood is something money can't buy. It's only something that one person can give to another.

**You will be someone's hero.** You may give a newborn, a child, a mother or father, a brother or a sister another chance at life. In fact, you can help save up to three lives with just one donation!

**It's the right thing to do!**



[redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767 | [facebook.com/redcrossblood](https://www.facebook.com/redcrossblood)

Individuals who are 17 years of age (16 with parental permission in some states), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to give blood. Please bring your Red Cross blood donor card or other form of positive ID when you come to donate. STAN.info015 | v2 2010/01\_v3 2011/01\_v3 2012/01 © 2012 The American National Red Cross | 02/11AP0124



# Would you help save up to three lives?



**American  
Red Cross**

Our organization would like to sponsor an American Red Cross blood drive at our location, but we need to make sure we have enough people to donate blood before we can commit. We support and encourage you to take time to give blood; a simple way to make a difference in someone's life. Your one blood donation can help save up to three lives.

**Please sign up below if you are interested in participating in our Red Cross blood drive.**

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Sponsoring Organization: Organization Name Here

Contact Name: Contact name Proposed blood drive date: MM/DD/YY

**Download the Blood Donor App | [redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767 | Save time with RapidPass**

Individuals who are 17 years of age (16 with parental permission in some states), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to give blood. Please bring positive ID when you come to donate. ©2018 The American National Red Cross | 148925/186201